



# EDUCATION CALENDAR

## A VIEW HOSPITAL

more information on the following  
s, contact the education department,  
600, ext. 2091. AVH offers 51 pro-  
s. Contact the education department  
complete listing.

ical Terminology — begins Jan. 10 p.m. 10-week course gives instruction in the recognition, building and spelling of medical terms. Approved for 3 quarter credit hours by the University of Utah. Cost: \$161 credit, \$50 non-credit, \$35 credit for employees, plus \$50 textbook.

renting — begins Jan. 14; 7 to 9 p.m. week course teaches child rearing techniques according to the STEP method. Cost: \$15 single / \$20 couple, plus \$7.50 textbook.

Adult Behavior Modification for Weight Control — begins Jan. 13. 10-week course with emphasis on modifying behavior that triggers an eating response. Cost \$40 with \$15 refundable weight loss, attendance and food costs.

ach Your Baby to Talk — begins in January; 7 to 9 p.m. Class describes normal speech and language development with special emphasis on early language stimulation. Excellent course for parents or grandparents of infants and very young children. Cost: \$10 single / \$5 couples.



- Talking to Your Child About Sex — begins in January; 7 to 9:30 p.m. Course will enable parents to become more effective sex educators of their children within the context of their own value system. Cost: \$5.
- Self-defense / Karate — Mondays, Wednesdays, Fridays — offered monthly; 5:15 to 6:15 p.m. Teaches children 6 years and up the Kenpo method, building body awareness and mind consciousness through physical exercise. Cost: \$35 per month.
- CPR — Saturday, Dec. 7; 8 a.m. to noon — offered monthly. American Heart Association-approved course prepares Boy Scouts to provide basic life support techniques in emergency situations. Certificate of basic life support is given upon successful completion. Meets the CPR requirement for the life saving merit badge Cost: \$5.
- Firemanship — Saturday, Dec. 7; 1 to 4 p.m. — offered monthly. Boy Scouts will complete their firemanship merit badge requirements. Scouts learn the fire triangle, safe ways of handling flammable liquids, helping to ensure a fire safe home. Cost \$5.

## MCKAY-DEE HOSPITAL CENTER

- Pre-natal and Post-partum Exercise Classes — Tuesdays, Thursdays; 5:30

p.m. Pre-natal class for mothers-to-be, any time during pregnancy, post-natal class for women six weeks post-partum. Cost: \$16 for four weeks. Contact 625-2210.

- PMS Clinic Orientation — Every other Wednesday; 7 p.m. Facts vs. misconceptions about PMS, how PMS is diagnosed and treatment alternatives available. Also, guidelines on lifestyle and dietary changes which can alter PMS syndrome. Cost: \$15. Contact 625-2281.
- PMS Support Group — First Wednesday of each month; 7 p.m. No charge. Contact 625-2281.
- Breast Examination Clinic — Third Wednesday of each month; 1 to 7 p.m. Cost: \$5 Contact 625-2210.
- Slim and Trim Program — begins Dec. 2. 9-week course uses balanced, sensible diet, aerobic exercise and behavior modification for weight control. Cost: \$65 with \$15 refundable for reaching weight loss, exercise and attendance goals. Contact 625-2028.

## UTAH VALLEY REGIONAL MEDICAL CENTER

For more information on the following classes, please contact Carol Kingsolver, 373-7850, ext. 2975.

- Super Sitter Baby Tending Class — Dec. 30; 9 a.m. to noon. An introduction to safe and fun babysitting for children 9 to 14. Includes safety, first aid, infant care and babysitter kit ideas.
- Basic EKG Class — Tuesdays, Thursdays beginning Jan. 7; 3:45 to 5 p.m. To train nursing personnel in the anatomy and physiology of the heart, its electrical performance, and to prepare them to monitor the EKG with the basic arrhythmia analysis. Second floor classroom.

• Pediatric Nursing — presented by Primary Children's Medical Center and University of Utah Medical Center, February 26, 27, and 28, 1986, at the Salt Lake Westin Hotel Utah. For more information call Amy Eshelman, ext. 521-1315.

• Mood Problems In Children And Adolescents — presented by the University of Utah and Primary Children's, February 27, 28, March 1, and 2, at Deer Valley Resort, Park City. For more information call Elli Ulibarri 581-8532. ▀

has been named man-  
ager of organizational

## on IHC People

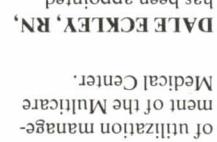


has been approached about the position of administrator of Orem Community Hospital. She was previously assistant administrator of Grant Administration, Inc., a nursing home in American Fork. Debbie has worked at LDS Hospital, the medical/surgical units at LDS Hospital since 1979 as a nurse. Debbie has worked at LDS Hospital since 1979 as a nurse.

# Insights on IHC People

Lynn Atwood, RN, M has been named head nurse of LDS Hospital's labor and delivery unit. Lynn has been a member of the hospital's nursing staff since 1980 and has served as a clinical specialist and an assistant head nurse.

A black and white portrait of a woman with short, dark hair. She is smiling slightly and wearing a light-colored, patterned top. The background is plain and light.

 <p><b>DIANE DAVIS</b> has been appointed director of medical records at McKay-Dee Hospital Center. She comes to McKay-Dee from Tacoma, Wash., where she was director of medical records at the Medical Center.</p>	 <p><b>DALE ECKLEY, RN,</b> has been appointed director of nursing at the Medical Center.</p>	 <p><b>MARGE MEKAY, RN</b> has been appointed director of medical records at McKay-Dee Hospital Center. She comes to McKay-Dee from Tacoma, Wash., where she was director of utilization management at the Medical Center.</p>
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A black and white portrait of a man with dark hair, wearing a dark suit jacket, a white shirt, and a patterned tie. He is looking slightly to his left. The background is a light-colored, possibly wooden, structure.

A black and white portrait of a man with dark hair and glasses, wearing a striped tie and a dark suit jacket. The image is a head-and-shoulders shot.

mlistrator since joining

GRANT HOWARTH  
has recently been ap-  
pointed vice president  
in charge of operations  
at the IHC Home  
Health Agency. Grant  
spent the past nine years  
as controller for  
Seattle's King County  
Visiting Nurse Service,  
the largest home health  
agency in the State of Washington.

**JOSPEH HORTON**  
has been named asso-  
ciate administrator at  
Cottonwood Hospital  
Medical Center. He  
received his master's  
degree in hospital  
administration from  
the University of Minne-  
sota. He has served as  
senior assistant adminis-  
trator and assistant ad-  
ministrator's staff.

DEBRI HINSON, RN  
has accepted the position of clinical specialist for the medical/surgical units at LDS Hospital. Debbie has worked at LDSH since 1979 as a nurse and emergency center nurse.

**JAN MAYNARD** has been named budget coordinator for LDS Hospital. Jan formerly worked at Kennebunk Hospital to head the staff of **LYNN MCLEAN** has joined the staff of **Wastach County Hos-** pital to head the staff of **College.**

is the new director of the volunteers auxiliary at LDS Hospital. Norma joined LDSH in 1974, working first in the business office and later as an assistant director of the volunteer organization.

LAUREL NELL, RN, has been appointed administrator of Orem Community Hospital. She was previously assistant administrator of Ogden Community Hospital. Laurel received her master's degree in nursing from Fork Hospital. Laurel is married to an American man and resides in Nuttallburg, Kentucky. She has been appointed from the nursing staff of the University of Kentucky Hospital.

ACLS  
clinical lead  
and chair  
the nursing  
committee at  
onal Hos-



Dee Memorial and the McKay-Dee Hospital since 1959. He received his medical degree from Northwestern University and completed his residency in anesthesiology at the University of Utah.



**DAVE GARDNER**, licensed marriage and family therapist, has been chosen director of the child / adolescent psychiatric unit at Utah Valley Regional Medical Center. He was previously a therapist for the Utah County council on drug abuse, and holds a MED in guidance and psychological service.



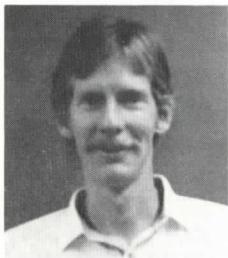
Regional Hospital. She has served as adjunct professor of Weber State College / Utah State University, co-operative nursing program at USU, teaching maternal and child nursing. She graduated cum laude from Utah State University with a master's degree in special education.



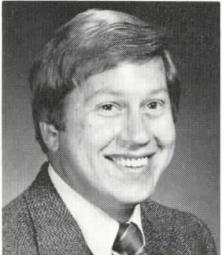
health department. Lynn received her nursing degree from BYU. She worked at LDS Hospital before moving to Heber City.



**KATHLEEN NIELSON** has been named Young Dietitian of the Year for Utah by the American Dietetic Association. She is chief clinical dietitian at McKay-Dee Hospital Center.



**BRUCE GARRETT, RN**, has been appointed head nurse of 4 North at McKay-Dee Hospital Center. He graduated cum laude from Weber State College with an associate degree in nursing.



**BETH JOHNSON, RN**, has been appointed head nurse at the InstaCare Family care center in Springville. She worked previously in same-day surgery and post-surgical care at Utah Valley Regional Medical Center.



**TONI PROPOTNIK, RN**, has been named assistant administrator for nursing at LDS Hospital. Toni had been associate director of nursing services at Alta Bates Hospital in Berkeley, Calif. Toni earned her master's degree at the University of California at Los Angeles.



**KIM HARDMAN** has been appointed director of marketing and public relations at American Fork Hospital. Kim received his bachelor's degree in business from Utah State University, and will soon complete his master of social science degree in administration.



**CHARLOTTE JUAREZ, MSW**, director of medical social work at Utah Valley Regional Medical Center, has been elected president of the Utah Society for Hospital Social Work Directors. Charlotte received her master's degree in social work from the University of Utah.



**AUL SCHNEITER** has been named director of the Central Utah Health Care Foundation, which conducts charitable fund raising operations for American Fork Hospital, Orem Community Hospital and Utah Valley Regional Medical Center.



**JANICE LYNN HEAD** is the newly appointed assistant administrator for patient care at Logan Regional Hospital. She holds an executive master's of business administration and a master's degree in nursing, both from Northern Illinois University.



**SUSAN JUENGLING** has been appointed business office manager for Wasatch County Hospital. Susan has worked at the hospital for two years as insurance director.



**LES R. SMITH** is the new executive director of the LDS Hospital-Deseret Foundation. Les formerly served as planned giving manager for the LDS Foundation at Brigham Young University.

